

8 November (Saturday)

Time	Topic	Invited Speakers / Panellists
0800 - 0900	Registration	
0900 - 0915	Opening Ceremony & Welcome Address	Chair – Technical Committee Dato' Ong Bee Leng
PARENTING STYLES		
Every parent has a unique style, and the way we guide our children shapes their emotional and social growth.		
0915 - 1000	Panel #1 - Understanding Parenting Styles This session will explore different parenting styles and help you identify your own. You'll learn how your approach affects your child, and discover simple strategies to create a nurturing, supportive environment for your child to thrive.	Speaker : Asst Prof Dr Motevalli Saeid UCSI University Speaker : Prof Dr Intan Hashimah Binti Mohd Hashim Universiti Sains Malaysia Moderator : Dr Boo Harn Shian Universiti Sains Malaysia
1000 - 1045	Panel #2 - External Influences on Parenting Styles Parenting is shaped by more than just you. Extended family, childcare providers, educators, and even generational traditions all influence how you raise your child. This talk explores these external factors and offers practical tips to navigate them while staying confident and true to your own parenting style.	Speaker : Mr Jerry Yeoh Whytehouse Education Group Moderator: Dato' Ong Bee Leng Chair – Technical Committee
1045 - 1115	Panel #3 - Gender Neutral Parenting Learn how to raise children without limiting them by gender. This session covers choosing toys and activities freely, supporting all emotions, encouraging any hobbies or careers, and sharing household responsibilities equally. Get practical tips to help your child grow confident, happy, and fair-minded.	Speaker : Dr Tee Bee Chin Sunway Medical Centre Moderator : Ms Tehmina Kaoosji The Big Picture (TBP) Communications
1115 - 1120	Break	
TECHNOLOGY AND DIGITAL PARENTING		
In today's hyper-connected world, technology offer immense benefits, they also present unique challenges for parents. This session explores the evolving landscape of digital parenting, equipping parents with strategies to foster healthy tech habits, ensure cybersecurity, and promote balanced digital consumption. You will also gain insights into leveraging technology for positive child development while mitigating risks, ensuring that your children grow up as responsible and resilient digital citizens.		
1230 - 1300	Panel 4A - Raising Children in the Age of AI AI is changing how kids learn, play, and connect. Join us to learn how to guide your child toward healthy, balanced, emotionally intelligent growth	Speaker : Professor Ts. Dr. Rose Alinda Alias IIUM Centre of Artificial Intelligence Moderator : A/Prof Dr Nor Zairah Ab. Rahim Universiti Teknologi Malaysia

1300 - 1345	Panel #4 - Navigating the Digital Age as a Parent Raising kids today means navigating a world full of screens, apps, and social media. This talk gives parents practical tips to manage technology, keep children safe online, and build healthy digital habits—helping your family thrive in the digital age	Speaker : Dr Tee Bee Chin Sunway Medical Centre Speaker : Dr Shafizan Mohamed International Islamic University Malaysia Speaker : Ms Alicia Chin MAD Movement Moderator : A/Prof Dr Chooi Weng Tink University Sains Malaysia
1345 - 1430	Panel #5 - Digital Safety and Cybersecurity for Families Screens, social media, and the online world are shaping your child’s growth and self-esteem. This talk shows parents how to manage screen time, prevent cyberbullying, guard against online risks, and build safe, healthy digital habits at home	Speaker : Ms Ramona Susanty Binti Ab Hamid CyberSecurity Malaysia Speaker : A/Prof Dr Ooi Pei Boon Sunway University Moderator : A/Prof Dr Chooi Weng Tink University Sains Malaysia
1430 - 1500	Break	
COMMUNICATION & CONFLICT RESOLUTION IN PARENTING This session will explore practical strategies for fostering open, respectful communication within the family, ensuring that both parents and children feel heard and understood. The session will equip you with the tools to strengthen relationships and create a harmonious home environment.		
1500 - 1545	Panel #6 - Mastering Communication and Emotional Balance in Parenting Learn how to communicate effectively with your child—reading body language, managing conflict, and turning challenges into opportunities for growth and stronger family bonds	Speaker : Ms Liu Qing Hua Amy University Malaysia Sabah Speaker : A/Prof Dr Ku Suhaila Ku Johari National University of Malaysia Moderator : Ms Faith Ng Peik Hwa Blueprinsm Child Development Center
1545 - 1630	Panel #7 - Positive Approaches in Communicating with Your Child Learn practical strategies to handle defiance, encourage cooperation, resolve conflicts, and help your child develop emotional intelligence and strong communication skills	Speaker : Dr Serena In International Medical University (IMU) Speaker : Ms Mala Davi MDC Training & Management Services Moderator : Ms. Andrea Clark Mindwell Sdn Bhd
1630 - 1715	Panel #8 - Cross-Generational Conflicts in Extended Families Families span generations, and differences in values, communication, and parenting can cause tension. This talk offers practical strategies to understand generational gaps, resolve conflicts, and foster harmony in extended families	Speaker : Ms Megalai a/p V Raman Malaysian International Mediation Centre Speaker : Ms Nachammai a/p KMS. Kumarappan Chettiar Malaysian International Mediation Centre Moderator : Mr Lee Wee Min Focus on the Family
	End of Day 1	

9 November (Sunday)

Time	Topic	Invited Speakers / Panellists
0800 - 0900	Registration	
PARENTING FOR RESILIENCE Parenting can be challenging, but resilience makes a difference. Learn practical strategies to strengthen your own resilience and help your children develop emotional strength, problem-solving skills, and adaptability to thrive in today's ever-changing world.		
0900 - 0945	Panel #9 - Building Parental Resilience Learn practical strategies to handle parenting stress, prevent burnout, practice self-compassion, and build emotional strength—so you can thrive while helping your children flourish	Speaker : A/Prof Dr Chooi Weng Tink University Sains Malaysia Speaker : Dr Praveena Rajendra Taylor's University Speaker : Dr Sangeeta Kaur Emerging Journey Asia Moderator : Dr Tanushka Melwani The Conscious Code
0945 - 1030	Panel #10 - Financial Literacy: Preparing Children for Responsible Financial Decisions Strategies on how parents can introduce financial responsibility, budgeting, saving, and the value of money to their children at various ages	Speaker : Mr Jordan Peh YES Financial Berhad Speaker : Ms Shing Yee Ling CorePlus Advisory Moderator : Mr Eddy Gan Little Tauke
1030 - 1045	Break	
1045 - 1130	Panel #11 - Accountability and Responsibility: Preparing Your Child for Adult Life From chores to choices: Discover strategies to guide your child toward independence, accountability, and lifelong responsibility	Speaker : Ms Maisarah Firuz Malaysian Institute for Development of Professionals Speaker : Dr Christy Tong Wonder Woods Preschool Moderator : Prof Dr Intan Hashimah Binti Mohd Hashim Universiti Sains Malaysia
1130 - 1215	Panel #12 - Ethical Decision Making: Teaching Your Child to Make the Right Choices Learn how to nurture your child's ethical thinking—encouraging responsibility, compassion, and smart decision-making in everyday life	Speaker: Ms Nura Hilma Malaysian Institute for Development of Professionals Moderator : Dr Christy Tong Wonder Woods Preschool
1215 - 1300	Panel #13 - Courage and Leadership: How to Raise Children Who Are Brave and Ready to Lead Discover how to nurture courage and leadership in your child, equipping them with confidence, initiative, and the ability to lead with integrity	Speaker : Ms Toh Kar Wei MY Psychology Speaker : Prof Dr Intan Hashimah Binti Mohd Hashim Universiti Sains Malaysia Moderator : Ms Hanizah Ahmad Malaysian Institute for Development of Professionals
1300 - 1315	Break	

PARENTS FOR PARENTS		
Being a parent today often means caring for both children and aging parents. This session offers practical strategies, emotional support, and resources to help families navigate caregiving, strengthen bonds, and thrive together		
1315 - 1400	Panel #14 – Understanding Aging & Supporting Aging Family Members Caring for aging parents can be challenging. Learn how to support your aging parents with compassion and confidence—exploring aging, emotional well-being, practical strategies, and helpful community resources	Speaker : Prof Dr Tan Maw Pin Universiti Malaya Speaker : Dr Lee Wan Ling Universiti Malaya Moderator : A/Prof Dr Terence Ong Universiti Malaya
1400 - 1445	Panel #15 - Caring Through Life's Transitions: Supporting Elderly Parents After Loss Losing a spouse is difficult for elderly parents, and caring for them can feel overwhelming. This session guides adult children with practical tips, emotional support strategies, and family-focused approaches to help loved ones navigate grief with dignity and harmony	Speaker : Dr Lim Shu Xian Hospital Kuala Lumpur Speaker : A/Prof Dr Tan Kit Mum Universiti Malaya Moderator : A/Prof Dr Terence Ong Universiti Malaya
1445 - 1530	Panel #16 - Intergenerational Caregiving Encouraging children to participate in caring for their grandparents helps build strong intergenerational bonds. It nurtures empathy, emotional security, and health awareness, while fostering positive relationships and a deeper understanding between generations	Speaker : Mr Lee Wee Min Focus on the Family in Malaysia Speaker : Madam Lily Fu Seniors Aloud Community Moderator : Ms Juliana Khalik Focus on the Family in Malaysia
1530	Closing Remarks	Mr Mak Weng Kit Co-Chair
1540	Lucky Draws	

Programme is updated at time of publishing and may be subject to minor adjustments.